## FIRST AID REQUIREMENTS

Provisions for ﬁrst aid are a legislative requirement of the Workplace Safety and Health Act (WSHA).

Through prompt treatment by ﬁrst aid trained personnel, pain and suﬀering endured by injured workers may be minimized, and where required, injured workers will be sent for urgent medical care.

REQUIREMENTS

**Availability of First Aid Kits**

First aid kits/stations are available in the oﬃce. As required by the WSHA Section 5.12 First Aid.An employer must provide and keep readily accessible the type, size and number of first aid kits meeting the requirements set out in CSA Z1220-17, First Aid Kits for the Workplace.

**First Aid Record of illness and Injury**

An employer must ensure that any illness or injury suffered by a worker in the course of the worker’s work is promptly recorded and that the records are retained for five years from the date the record is made.

**First Aid Kit Inspection and Records**

First aid kits will be inspected on a monthly basis by the designated ﬁrst aid attendants for the work area.

The ﬁrst aid attendant will examine the ﬁrst aid kit in their work area and document the results of their inspection on the ﬁrst aid inspection checklist. Any deﬁciencies or missing items will be documented

so that additional supplies can be requisitioned by Management or a Supervisor.

**Canadian Standards Association First Aid Kit Requirements (CSA Z1220-17)**

**Lone/Isolated Worker**

A CSA Type 1 Basic First Aid Kit Small is required for all workers who work in isolation or those who do not otherwise have access to a workplace first aid kit. It contains:

* 16 adhesive bandages, assorted sizes
* 6 sterile gauze pads, 12 ply
* 1 conforming stretch gauze bandage
* 2 compressed pressure bandage with gauze ties, sterile
* 1 triangular bandage
* 1 adhesive tape
* 6 benzalkonium chloride antiseptic towelettes
* 2 antibiotic ointment, single use
* 4 hand cleansing moist towelettes
* 2 pairs of medical examination gloves
* 1 biohazard waste disposal bag
* 1 forceps, stainless steel, fine point

**Low Risk Workplace First Aid Kit Requirements**

A Small CSA Type 2 Basic First Aid Kit is required for low risk workplaces with 2-25 workers per shift. It contains:

* 25 adhesive bandages, assorted sizes
* 12 sterile gauze pads, 12 ply
* 1 abdominal/combine pads
* 1 conforming stretch gauze bandage (5.1 cm x 1.8m)
* 1 conforming stretch gauze bandage (7.6 cm x 1.8 m)
* 2 sterile compress pressure bandage with gauze ties
* 2 triangular bandages
* 1 adhesive tape
* 25 benzalkonium chloride antiseptic towelettes
* 6 antibiotic ointment, single use
* 6 hand cleansing moist towelettes
* 1 CPR mask with one way valve
* 4 pairs of vinyl medical examination gloves
* 1 pair stainless steel paramedic scissors
* 1 pair fine point stainless steel forceps
* 1 mylar emergency rescue blanket

A Medium CSA Type 2 Basic First Aid Kit is required for low risk workplaces with 26-50 workers per shift. it contains:

* 50 adhesive bandages, assorted sizes
* 24 sterile gauze pads
* 2 abdominal/combine pads
* 2 conforming stretch gauze bandages (5.1 cm x 1.8 m)
* 2 conforming stretch gauze bandages (7.6 cm x 1.8 m)
* 4 sterile compress pressure bandage with gauze ties
* 4 triangular bandages
* 1 adhesive tape
* 50 benzalkonium chloride antiseptic towelettes
* 12 antibiotic ointment, single use
* 12 hand cleansing moist towelettes
* 1 CPR mask with one way valve
* 8 pairs of vinyl medical examination gloves
* 2 biohazard waste disposal bags
* 1 pair stainless steel paramedic scissors
* 1 pair fine point stainless steel forceps
* 1 mylar emergency rescue blanket

A Large CSA Type 2 Basic First Aid Kit is required for low risk workplaces with 51-100 workers per shift. It contains:

* 100 adhesive bandages, assorted sizes
* 48 sterile gauze pads
* 2 abdominal/combine pads
* 4 conforming stretch gauze bandages (5.1 cm x 1.8 m)
* 4 conforming stretch gauze bandages (7.6 cm x 1.8 m)
* 8 sterile compress pressure bandage with gauze ties
* 8 triangular bandages
* 1 adhesive tape
* 100 benzalkonium chloride antiseptic towelettes
* 24 antibiotic ointment, single use
* 24 hand cleansing moist towelettes
* 1 CPR mask with one way valve
* 16 pairs of vinyl medical examination gloves
* 2 biohazard waste disposal bags
* 1 pair stainless steel paramedic scissors
* 1 pair fine point stainless steel forceps
* 1 mylar emergency rescue blanket

**High Risk Workplace First Aid Kit Requirements**

A Small CSA Type 3 Intermediate First Aid Kit is required for low risk workplaces with 2-25 workers per shift. It contains:

* 25 adhesive bandages, assorted sizes
* 12 sterile gauze pads, 12 ply (7.6 x 7.6 cm)
* 12 sterile gauze pads, 12 ply (10.2 x 10.2 cm)
* 4 sterile non adherent pads
* 1 abdominal/combine pads
* 1 conforming stretch gauze bandage (5.1 cm x 1.8m)
* 1 conforming stretch gauze bandage (7.6 cm x 1.8 m)
* 2 sterile compress pressure bandage with gauze ties (10.2 x 10.2 cm)
* 2 sterile compress pressure bandage with gauze ties (15.2 x 15.2 cm)
* 2 triangular bandages
* 1 windlass style arterial tourniquet
* 1 adhesive tape
* 1 elastic wrap bandage
* 2 sterile eye pad dressings
* 2 plastic eye shield with elastic strap
* 1 instant cold compress
* 25 benzalkonium chloride antiseptic towelettes
* 6 antibiotic ointment, single use
* 6 hand cleansing moist towelettes
* 10 glucose tablets
* 1 CPR mask with one way valve
* 4 pairs of vinyl medical examination gloves
* 2 biohazard waste disposal bags
* 1 pair stainless steel paramedic scissors
* 1 pair fine point stainless steel forceps
* 1 padded malleable splint
* 1 mylar emergency rescue blanket

A Medium CSA Type 3 Intermediate First Aid Kit is required for low risk workplaces with 26-50 workers per shift. it contains:

* 50 adhesive bandages, assorted sizes
* 24 sterile gauze pads, 12 ply (7.6 x 7.6 cm)
* 12 sterile gauze pads, 12 ply (10.2 x 10.2 cm)
* 8 sterile non adherent pads
* 2 abdominal/combine pads
* 2 conforming stretch gauze bandage (5.1 cm x 1.8m)
* 2 conforming stretch gauze bandage (7.6 cm x 1.8 m)
* 2 sterile compress pressure bandage with gauze ties (10.2 x 10.2 cm)
* 2 sterile compress pressure bandage with gauze ties (15.2 x 15.2 cm)
* 4 triangular bandages
* 1 windlass style arterial tourniquet
* 1 adhesive tape
* 2 elastic wrap bandage
* 2 sterile eye pad dressings
* 2 plastic eye shield with elastic strap
* 2 instant cold compress
* 50 benzalkonium chloride antiseptic towelettes
* 12 antibiotic ointment, single use
* 12 hand cleansing moist towelettes
* 20 glucose tablets
* 1 CPR mask with one way valve
* 8 pairs of vinyl medical examination gloves
* 4 biohazard waste disposal bags
* 1 pair stainless steel paramedic scissors
* 1 pair fine point stainless steel forceps
* 1 padded malleable splint
* 2 mylar emergency rescue blanket

A Large CSA Type 3 Intermediate First Aid Kit is required for low risk workplaces with 51-100 workers per shift. It contains:

* 100 adhesive bandages, assorted sizes
* 48 sterile gauze pads, 12 ply (7.6 x 7.6 cm)
* 24 sterile gauze pads, 12 ply (10.2 x 10.2 cm)
* 16 sterile non adherent pads
* 4 abdominal/combine pads
* 4 conforming stretch gauze bandage (5.1 cm x 1.8m)
* 4 conforming stretch gauze bandage (7.6 cm x 1.8 m)
* 4 sterile compress pressure bandage with gauze ties (10.2 x 10.2 cm)
* 4 sterile compress pressure bandage with gauze ties (15.2 x 15.2 cm)
* 8 triangular bandages
* 1 windlass style arterial tourniquet
* 1 adhesive tape
* 2 elastic wrap bandage
* 4 sterile eye pad dressings
* 4 plastic eye shield with elastic strap
* 4 instant cold compress
* 100 benzalkonium chloride antiseptic towelettes
* 24 antibiotic ointment, single use
* 24 hand cleansing moist towelettes
* 20 glucose tablets
* 1 CPR mask with one way valve
* 16 pairs of vinyl medical examination gloves
* 8 biohazard waste disposal bags
* 1 pair stainless steel paramedic scissors
* 1 pair fine point stainless steel forceps
* 2 padded malleable splint
* 2 mylar emergency rescue blanket